



# Lark in the Park Bugle

Saturday 30<sup>th</sup> July

**TONIGHT** 7pm – Big Family Night Out **Pirate Voyage** *book now*

**MONDAY** 8pm – **Candlelit Couples Evening** – *book now*

## **TOMORROW 6pm – Don't Miss Tough Talk!**



Power Lifters, Body Builders,  
Ex Bouncers & Debt Collectors,  
Ex Villains and Hardmen Tell  
Their Amazing Stories

**TOUGH TALK**

## **A look at week one in pictures ...**



Irish dancer Alanna Taylor wins Sidcup's Got Talent on Thursday.



Kids aged 5-7 have fun in Fizz while learning to share and work together.



Ladies relaxing with embroidery in the luxurious Inspiration Zone.



Chefs Mike and Paul give a cookery master class to Inspiration students.



## chapel

Rev Stephen Sealy serves users of the increasingly popular Chapel venue.



Local church and community leaders, business people plus Bexley's police chief, James Brokenshire MP and the Bishop of Rochester enjoy a tour of the Lark in the Park site.



## Park Life!

Great entertainment from the stage of Park Life was complemented this week with a couple of visits from Sidcup's fire fighters which attracted an endless queue of children!



## sparkles Toddler Club

Naughty Nik entertains the toddlers and their mums and carers in a week where Sparkles accommodated over 600 visitors each day!



## Freedom

Hand massage is just one service on offer at Freedom, the over 60s venue. Music, dance, bingo, aerobics plus free tea and cake are also on offer!



More from the Park Life Stage, here Matt is showing off his dancing skills to a very forgiving audience.



Our first Saturday Family Big Night Out was a Hawaiian night. Tonight is a Pirate Voyage and next Saturday a Space Adventure – sign up now!!



OVER FOUR HUNDRED VOLUNTEERS are serving you during Lark in the Park this year! Here are some of them being briefed on the eve the first day.

**Donate** to support LitP **Text Lark115 to 70070**  
to give £5, or Lark11 10 for £10. You can give 1, 2, 3, 4, 5 or 10 pounds this way