

Lark in the Park.com



15  
This Year!



# Lark in the Park 2011

## Sat 23<sup>rd</sup> July - Sun 7<sup>th</sup> August

Creating Community, Investing in Lives

**FREE EVENT - Sidcup Place, Sidcup**

REGISTER  
ONLINE TO  
SAVE TIME  
SEE PAGE 2

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# Lark in the Park 2011

## Sat 23<sup>rd</sup> July - Sun 7<sup>th</sup> August

Creating Community, Investing in Lives



### Welcome

Wow! 15 years ago we put up a tent that wasn't much bigger than your average garden gazebo, and now look at what has evolved with determination, faith and passion! A 16 day festival for all the family, where kids have fun, young people get a chance to have a go, grown ups get creative, the over 60s get to dance.

Bishop Desmond Tutu once said:  
"Do your little bit of good where you are;  
it's those little bits of good put together that  
overwhelm the world."

So, this is the Church in Sidcup raising the money, setting up the site and serving during the event, to bring a little bit of good into the lives of the people of Sidcup.

To find out more of the 15 year old story of Lark in the Park, please ask one of our team why they are involved.

Have a great year,

**Paul Weston**

On behalf of the Lark in the Park team

### Registration

#### On-site registration and booking

**Weekdays 12noon - 3pm**

Register and book daily for children's clubs, mens & ladies day activities, youth zones and evening events.

**Weekdays 3pm - 4.30pm and Saturdays 1pm - 4pm**

Register and book for all evening events (except Church in the Park). Kids clubs, youth zones and mens & ladies day events must be booked on the day. Evening events may be booked up to a week in advance.

#### Register Online

Reduce your queuing time at the registration area when you arrive - go to [www.larkinthePark.com](http://www.larkinthePark.com), select 'Sidcup' then 'Register Online' and follow the instructions.

### Park Pastors

Behind the scenes of Lark in the Park is prayer, the local churches are praying for the event and for you. Our team of Park Pastors is here to look after our guests. So, if you have a question, a prayer request or would just like to sit and chat over a cup of tea, ask someone in a "Park Pastor" t-shirt.

### Help us to help you

Please respect others to make everyone's Lark in the Park experience the best it could be and remember:

**Parents and carers** are responsible for their children at all times.

**Your property** is your responsibility (we do have a 'lost property' area - ask a Steward).

**Parking** at Sidcup Place is limited and costs £1.50 for up to 4 hours. The council car park at Morrisons costs £1.90 for up to 6 hours. There are fines if you park in the pub car park if you are not a pub customer.

**No smoking** in any of the venues (we would prefer if you didn't smoke on site at all).

### Thank you

**The Harenc Community Trust** is a charity that gives grants for Christian, youth, educational and community work in and around Sidcup.

Thanks again to **St John Ambulance** for providing teams to support Lark in the Park.

Thank you to MP **James Brokenshire** for his support of Lark in the Park.

Thank you to our special guests and involvement of local services: **Fire Brigade, Met Police, Ambulance service, local charities**, and many, many more.

## Weekends

### Saturdays

#### Fun Day - 1pm - 4pm

It's fun time on Sidcup Place each Saturday afternoon! Inflatables, face painting, games, penalty shoot out, youth zones, music, entertainment, Art Attack fun and lots more. Plus Lark in the Park TUG OF WAR!

#### Art Attack

(All ages) Part of Fun Day. Get your hands in the clay, paint a picture, enjoy our dressing up area - all free! Items to decorate are for sale in our shop.

#### Big Family Night Out - 7pm

Fast moving, lively, themed, fun packed and entertaining evenings for all the family, with 200 free meals (pre-registered guests get priority, then it's first come, first served.) This year get your Fancy Dress out with our 3 great themes and our fancy dress competition every Saturday!!!! Also challenges and other treats.

#### Hawaiian Beach Party - Saturday 23<sup>rd</sup> July

Get ready to hula and bring out the flowery shirts!

#### Pirate Voyage - Saturday 30<sup>th</sup> July

Come and meet Blackbeard and friends!!

#### Space Adventure - Saturday 6<sup>th</sup> August

Calling all aliens, robots and space creatures. Plus you Star Wars and Star Trek fans, be ready for a challenge!



### Sundays

#### Church In The Park - 6pm

Church for anyone. Come to our vibrant gatherings for stories of transformation, worship and prayer. Bring questions, prayer requests, family and friends. This is the heart of Lark in the Park.

#### Guest Speaker - Gerald Coates - Sunday 24<sup>th</sup> July

Gerald Coates is an author, speaker and broadcaster.

#### Special Guests 'Tough Talk' - Sunday 31<sup>st</sup> July

Tough Talk is made up of a group of men with backgrounds of ex-bouncers, ex-football hooligans and ex-East End hard men who have turned their backs on their past. Many of the team are very keen power-lifters. Come and see the spectacle of power-lifting and hear their personal stories of transformation since letting God into their lives. You have met Arthur White, now meet his mates.

#### The Grand Finale - Sunday 7<sup>th</sup> August

Celebrating 15 Years! Don't miss it.

#### Youth Events (11-16yrs) - 2pm - 4pm

- Football kick about
- Football cage tournament
- Music taster workshop
- BIG football cage tournament
- Girls Only - nail and beauty workshop - learn from experts.



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# Weekday Afternoons Kids & Youth!



## Sparkles

Weekdays  
2pm - 3.45pm



Toddler Club - Pre-School (0-5yrs)  
(Registration open from 12noon)

A great place to spend a fun afternoon with your children! We have a vast range of indoor and outdoor activities including sand and water play, inflatables, ride on toys, craft, slides, soft play area, home corner, ball pond, baby area and much more. We also have an area specifically designated to children with additional needs.

During the afternoon you can sign up for a music and movement or parachute games session for £1. Or for £1 have your child's face painted. Sing with the puppets each day and meet PJ, Lizzie and friends for our finale stage show.

**NEW** this year: Sign up for baby massage, toddler sensory or toddler soccer for only £1 per session.

## Free60 Youth

Weekdays  
2pm - 3.45pm



(Registration open from 12noon)

**NEW!** So you enjoyed Buzz in the past but have now outgrown it... Well not to worry, Free60 this year is going to be different, there is a **BRAND NEW LOOK** to the afternoons this summer!

**i-Lumin** is the coolest way for anyone aged between 11-14s to spend the afternoon with loads of messy games, a savvy, worship, activities and small groups - a great way to get to know new people.

Also see weekday evenings and weekends for more youth events and sports cage tournaments.

## Dance workshop

Weekdays 10am-11am



Get lively and active learning dance moves and performing in a group with a qualified dance teacher. Please book a place at our Registration tent.

## HQ Kids Clubs

Weekdays  
2pm - 3.45pm



(Registration open from 12noon)

### Fizz - Key stage 1 (5-7yrs)

A combination of storytelling, art, craft, songs and games. Children work in small groups with experienced leaders making sure they have fun in a safe environment, learning valuable lessons about friendship, choices, love and forgiveness.

### Buzz - Key Stage 2 (7-11yrs)

Children can participate in a packed programme of fun activities with games, drama, songs and stories about important life issues. They will be encouraged to find new friends, make good choices and work together in exciting games. At the end of each session some volunteer to enter our gunge tank which for some reason is the highlight of their afternoon!

### Lion's Den

This is for children aged 5-11 years with a mild/moderate diagnosis or statement of additional needs. Lark in the Park has a policy of inclusion and is for the whole community. To encourage children with additional needs to take part, the Lion's Den offers a quieter structured venue, with a high adult to child ratio, where children are supported to build self-esteem and have fun, and where appropriate, enabling them to integrate in Fizz or Buzz activities.

# Weekday Afternoons Adults & Community



## Park Life

Weekdays  
1.45pm - 4.30pm



During the afternoons, while the kids clubs, Inspiration and over 60s Freedom zone are running, the outdoor arena offers 'Park Life'. Whether you are just enjoying the park, or waiting for your children's club to finish, enjoy a free cuppa and the delights of the outdoor stage. It's all free, just turn up, grab a seat and enjoy!

### Has Sidcup Got More Talent?

An opportunity to display your talents on the Park Life stage every Friday! Budding entertainers should check out Thursday evenings too!

### Ladies Day - Tues 26<sup>th</sup> July

(Also evening section - PINK) 1.45pm - 10pm  
A day full of treats for the lovely ladies of Sidcup! A series of free afternoon workshops will look at a range of topics including make up, beauty and hair master classes, health and fitness and more. You can stay for as many as you like - with free afternoon tea provided - they are timed perfectly to fit around the kids clubs. And this year, for the first time we will be introducing 'Zumba', the dance based fitness programme. Continued in the evening, see page 6 - PINK Ladies Night 8pm.

### Men's Day - Tues 2<sup>nd</sup> August

This year for the first time, we are excited to introduce 'Men's Day': A day of activities and surprises for the male of the species. Free afternoon workshops and information stalls will look at a range of topics including men's health and fitness, a cooking masterclass and more. There will be a chance to have your photo taken with a very special vehicle and even the opportunity for some male pampering. The workshops are timed perfectly to fit around the afternoon clubs so you can take part while the kids are catered for. Continued in the evening, see page 6 - Dads & Kids Night 8pm. Sponsored by Stephen James.

## Inspiration

Weekdays  
2pm - 3.45pm



Art and craft for adults (15+)

Inspiration runs each weekday afternoon, offering a varied programme of crafts including sewing, knitting and crochet every day. Many new ideas include tie dye, paper flowers, hair clips and bird boxes.

This year, the most popular activities, including water colour painting and candle making will be bookable, with payment, at the Inspiration tent, two days in advance. There will be a small charge for most activities to cover the cost of the craft materials you use.

We are also offering a free project and free cafe every week day! So book the children into the kids clubs and then pop in to Inspiration, meet our friendly creative team, and see what you can do!

## Action Teams

Weekdays 1.15pm - 4.15pm

Community action teams go out in the community serving local people, painting and decorating rooms, working in local schools, clearing rivers and parks, refurbishing buildings...the list goes on.

## Inspiration

Park Life!

Freedom

## Freedom

Weekdays  
2pm - 3.45pm

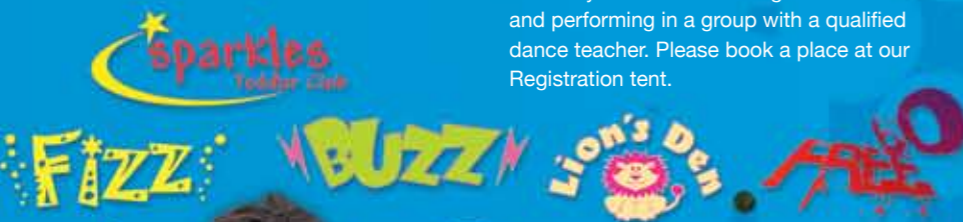


The Freedom zone offers a relaxed atmosphere with tea, cakes and other refreshments, along with entertainment including keep fit, professional singers, community singing and other 'acts.' We play games too, with prizes to be won every day and there is the opportunity to have manicures, hand massages and other treats most afternoons.

If you are on your own it's a good place to meet up with others for a chat over afternoon tea. There is extra space for wheelchair users.

## The Chapel

A welcoming and creative space, open between 10am and 10pm each day for you to take time out during the event. At 3pm there will be 'thought for the day', an opportunity to listen to somebody sharing a few thoughts about life and spirituality. You are welcome to come and relax, pray or just sit and think. Including different prayer opportunities led by local ministers.



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# Weekday Evenings

Doors open at 7.45pm for an 8pm start

## Youth Night

Monday 25th July & 1st August

Youth night in the Big Top. On the 25th July will be a youth prayer night, it will be great to be together and to pray over everything happening in the two weeks of Lark in the Park!!

On the 1st August it will be a Youth 'church in the park', a chance for all young people to get together to worship, hear the gospel, pray and play games.

## VIP Girls Night

Tuesday 26th July

## PINK Ladies Night

Tuesday 26th July

PINK continues into the evening where ladies are invited to take some time out and relax with music, entertainment, stalls, pampering, stage activities, a chocolate fountain and more!

## Salsa Night & Movie In The Park

Wednesday 27th July

## Has Sidcup Got Talent?

Thursday 28th July

Is there any talent out there! If you fancy a moment in the limelight, apply at the Registration tent.

## Quiz Nights

Fridays 29th July and 5th August

Two nights of popular fun for all the family. Eight people per team (max 6 over 16 years). Register a team in advance.

## Candlelit Couples Evening

Monday 1st August

Love is in the air! Why not treat yourself to a romantic night out with a luxurious dinner courtesy of Lark in the Park? Great food, music and fun! It's free, but you'll need to book your table early as places are limited.

11-14 Years

11-14 years

Over 16s

## Dads And Kids Night

Tuesday 2nd August

Men's Day continues into the evening where dads are invited to bring their kids out for some extreme challenges and team fun. Be ready for the opportunity to get physical and competitive! Activities will involve tests of agility, strength and cunning and include a pit-stop of free hot dogs and burgers. Dads and kids of all ages welcome.

Sponsored by Stephen James.

## Lads Takeaway

Wednesday 3rd August

Some tasty curry (provided) and an evening of fun, entertainment and challenging stories.

## X Factor

Thursday 4th August

For all you budding singers, come along and perform your favourite songs. Apply at the Registration tent.

## Free60 Youth

Weekday Evenings 8pm

The main activities will be 2 quiz nights, 2 movie nights, ladies night, lads night, live lounge and a party on the last evening. The cage and bus will be open all evening. come along challenge your mates and have fun!!

## Last Year's Quiz Night winners

Free Tickets

Over 16s

11-14 Years

# More Information

## Alpha Courses in Sidcup

The 10 week Alpha course is run all over the world and provides an introduction to Christianity and the person of Jesus. It is supported by all the major denominations and is run by many Sidcup churches including:

### New Generation Church

Starting with a launch meal on Monday 12th September, 7.30pm. Venue to be confirmed. Call 020 8309 6056 or visit [www.newgen.org.uk](http://www.newgen.org.uk) to book in.

### Sidcup Baptist Church

2 courses beginning in the Autumn!  
**Recovery Alpha**, everyone welcome especially those recovering from some of life's hard knocks e.g. addiction, illness, bereavement or relationship breakdown starts Monday 26th September 7.30 - 9.30pm at SBC to include a meal.

**Daytime Alpha** Monday 3rd October 10.30 am venue to be decided, contact George on [george.hider@ntlworld.com](mailto:george.hider@ntlworld.com) or 020 8306 3670 for more information or to book your place on either course.

Visit [www.sidcupchurch.org](http://www.sidcupchurch.org) for other courses in Sidcup or [www.alpha.org](http://www.alpha.org) for more details on the Alpha course.



Alpha

## Friends Of Lark In The Park

Lark in the Park is mainly funded by members of Sidcup churches. If you would like to make a contribution, you can support the event with a one off gift today or with a regular monthly donation. Ask at the Registration Tent.

**Avery Hill Christian Fellowship**, Meeting Sundays @ 10.15am Southspring, Sidcup. Parenting Workshops starting early October 2011 Check out our website for more details and for further info, on what goes on at Avery Hill - [admin@averyhill.info/](mailto:admin@averyhill.info/) Text/Call: 07776073775

## Your Hosts

Hosted by **New Generation Church** [www.newgen.org.uk](http://www.newgen.org.uk), with support from **Sidcup Baptist Church** [www.sidcupbaptistchurch.org.uk](http://www.sidcupbaptistchurch.org.uk).

Supported by Churches Together in Sidcup [www.sidcupchurch.org.uk](http://www.sidcupchurch.org.uk)



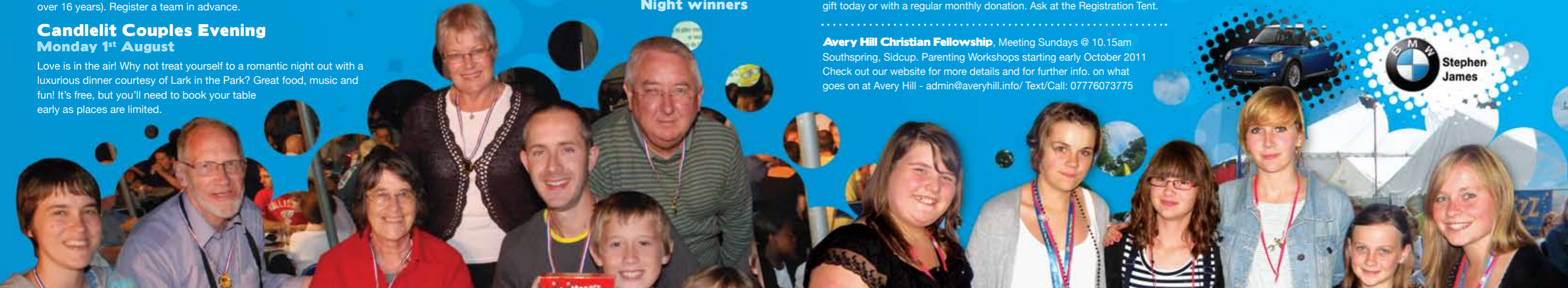
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A BIG thank you to the **Stephen James BMW and MINI dealership of Ruxley and Blackheath**. They have been a great support in the set up of the event as well as the sponsorship of the Men's Day and the Dads and Kids Night. They have provided great resources and prizes for us, thank you from all at Lark in the Park! [www.stephenjames.co.uk](http://www.stephenjames.co.uk)



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**The Jimmy Mizen Foundation**

The Jimmy Mizen Foundation was set up as a positive way of remembering the life of Jimmy Mizen who was tragically murdered in May 2008. He could often be seen in his parents' shoe repair and key cutting shop on Sidcup High Street.

The Foundation's principal aim is to help people up to the age of 24 play a positive role in their communities as independent and responsible individuals.

For more information about the work of The Jimmy Mizen Foundation and how you can support it, visit [www.jimmymizen.org](http://www.jimmymizen.org) or call 0845 272 5262

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# Quick Programme Guide



**Afternoons:** All events are FREE! See the Registration section on page 2 for details of how to register for events

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Fun Day</b> 1pm-4pm	<b>Free60 Youth</b>	<b>From 12noon:</b>		<b>Registration for clubs opens</b>		
Saturday 23 <sup>rd</sup> & 30 <sup>th</sup> July Saturday 6 <sup>th</sup> August	Sundays, 24 <sup>th</sup> & 31 <sup>st</sup> July and 7 <sup>th</sup> August	<b>10am-11am:</b>		<b>Dance Workshops (5-14s) Please book</b>		
<b>Art Attack</b> <b>Part of Fun Day</b>	See p2 for details of Sunday Youth events	<b>2pm-3.45pm:</b>		<b>Sparkles Toddlers (0-5years)</b> <b>HQ Kids Clubs - Fizz (5-7) Buzz (8-11years)</b> <b>HQ Lions Den - additional needs (5-11years)</b> <b>Free60 Youth Venue (11-14years)</b> <b>Inspiration - Creative Zone (over 15years)</b> <b>Freedom Zone (over 60s)</b>		
Saturday 23 <sup>rd</sup> & 30 <sup>th</sup> July Saturday 6 <sup>th</sup> August		<b>1.45pm-4.30pm:</b>		<b>Park Life - Outdoor stage entertainment</b>		

**Evening Events:** Doors open at 7.45pm for an 8pm start. Free tickets can be booked at the Registration tent.

Sat 7pm	Sun 6pm	Mon 8pm	Tues 8pm	Weds 8pm	Thurs 8pm	Fri 8pm
<b>Big Family Night Out</b> <b>Hawaiian Party</b>	<b>Church in the Park</b>	<b>Free60</b> <sup>(11-14s)</sup> <b>Youth Night</b>	<b>PINK</b> <sup>Over 18s</sup> <b>Ladies Night</b>	<b>Salsa Night &amp;</b> <b>Movie In The Park</b>	<b>Has Sidcup</b> <b>Got Talent?</b>	<b>Quiz Nights</b>
Saturday 23 <sup>rd</sup> July	Sunday 24 <sup>th</sup> July	Monday 25 <sup>th</sup> July	Tuesday 26 <sup>th</sup> July	Wednesday 27 <sup>th</sup> July	Thursday 28 <sup>th</sup> July	Friday 29 <sup>th</sup> July
<b>Big Family Night Out</b> <b>Pirate Voyage</b>	<b>Church in the Park</b> <b>'Tough Talk'</b>	<b>Free60</b> <sup>(11-14s)</sup> <b>Youth Night</b>	<b>VIP</b> <sup>(11-14s)</sup> <b>Girls Night</b>	<b>SNT</b> <b>Meeting</b>	<b>X Factor</b>	<b>Quiz Nights</b>
Saturday 30 <sup>th</sup> July	Sunday 31 <sup>st</sup> July	Monday 1 <sup>st</sup> August	Tuesday 26 <sup>th</sup> July	Wed 27 <sup>th</sup> July (7pm)		
<b>Big Family Night Out</b> <b>Space Adventure</b>	<b>Church in the Park</b> <b>The Grande Finale</b>	<b>Candlelit Couples</b> <b>Evening</b>	<b>Dads And</b> <b>Kids Night</b>	<b>Lads</b> <b>Takeaway</b>	Thursday 4 <sup>th</sup> August	Friday 5 <sup>th</sup> August
Saturday 6 <sup>th</sup> August	Sunday 7 <sup>th</sup> August	Monday 1 <sup>st</sup> August	Tuesday 2 <sup>nd</sup> August	Wednesday 3 <sup>rd</sup> August		

**Free60 Youth - 8pm every Tuesday, Wednesday, Thursday, Friday & Saturday.**

## Contact us

Lark in the Park Office  
New Generation Centre  
Birkbeck Road  
Sidcup  
DA14 4DJ

☎ 020 8309 6056

@ info@larkinthe.com

🌐 www.larkinthe.com

Lark in the Park (Community Projects)  
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For more information visit  
[www.larkinthe.com](http://www.larkinthe.com)  
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